LUNCH & DINNER
EMERGENCY FOOD SUPPLY

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<tr>
<th>Product Name</th>
<th>Calories</th>
<th>Protein</th>
<th>Total Fat</th>
<th>Total Carbohydrate</th>
<th>Sugars</th>
<th>Cholesterol</th>
<th>Sodium</th>
<th>Trans Fat</th>
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**INGREDIENTS:**

- Dehydrated onion.
- Inosinate and disodium guanylate, spices, onions, chicken stock (corn syrup, salt, corn
- Granular and cheddar cheeses [pasteurized
- Sauce [soy, maltodextrin, salt], maltodextrin, yeast extract, corn flour (corn masa flour, trace of lime), roasted green
- Parsley flakes.
- Broccoli (broccoli, sucrose), onions, onion powder, corn starch, chicken stock (corn syrup, salt, corn
- Buttermilk, natural flavor [contains milk], sunflower oil, salt, sodium vegetarian beef base (salt, hydrolyzed soy protein, flavoring, sauteed mushroom
- Yeast extract, salt, sunflower oil, natural buttermilk flavor, autolyzed yeast
- Cheese, [pasteurized milk, salt, cheese culture, enzymes], whey protein concentrate, coconut oil, corn syrup solids, sodium caseinate [a milk
- Rice, cornmeal, caramel color, maltodextrin, salt, sodium phosphates, monocalcium phosphate, citric acid, yellow 5,
- Tomato powder, sea salt, onions, pepper, xanthan gum, parsley flakes.
- Habitat, natural chicken flavor, onion powder, dehydrated onion, low sodium chicken base (corn syrup sol
- Dehydrated parsley, and silicon dioxide
- Onion, beef stock (water, beef, beef ascorbic acid, salt), onion powder, dehydrated parsley, and silicon dioxide
- Chicken stock (water, chicken, salt), onion powder, dehydrated parsley, and silicon dioxide
- Pasta (wheat), salt, water.

**Nutrition Facts:**

- Calories: **Amount Per Serving**
- Protein: **% Daily Value**
- Total Fat: **% Daily Value**
- Cholesterol: **% Daily Value**
- Sodium: **% Daily Value**
- Cholesterol: **% Daily Value**
- Sodium: **% Daily Value**
- Total Weight: **% Daily Value**
- Calories from Fat: **% Daily Value**
- Trans Fat: **% Daily Value**
- Saturated Fat: **% Daily Value**
- Total Weight: **% Daily Value**

**Servings Per Pouch:**

- **1 pouch** for 92 servings
- **1/3 Cup**
- **1/2 Cup**
- **1 pouch** for 15 servings
- **1 pouch** for 6 servings

**Food Storage:**

- Shelf life: 25 years at 70°F
- For optimal shelf life, store at or below 70°F. Do not store at higher temperatures or over prolonged periods of time.

**Discard immediately upon opening.**

**Caution:**

- Each pouch contains an oxygen absorber. Ditch immediately upon opening.