## CONCENTRATE ON PROFESSIONAL SAUNA

# LT-902SH Infrared Sauna Installation & Owner's Manual

Please read this entire manual thoroughly before proceeding with the assembly.



#### PRECAUTIONS AND INSTRUCTION

#### **ATTENTION**

Please read all instructions thoroughly before using.

Serious injury may result if ignore the following warning and instruction.

Basic precautions should always be followed when using this electrical equipment.

#### DANGER

#### To avoid the risk of causing burns, fire, electric shock, or other injuries:

- Connect the power cord to a properly grounded outlet.
- Using only for its intended use as described in this manual.
- Don't use accessories not recommended by the manufacturer.
- Please disconnect the power after using.
- Please keep the electrical cord away from heated surfaces.
- If the sauna is faulty, the supply cord or plug is damaged, please stop using it immediately.

#### WARNINGS

- Don't stay longer than one hour.
- Don't put the sauna on a **humid** environment.
- Don't touch the heater directly with hands or body for a long time.
- Don't use any sharp tools on or near the heaters (severe damage may result).
- Placing the sauna on a **flat** surface.
- Unauthorized disassembly of the sauna is **prohibited.**
- People with health problems should consult a physician for prior to using the sauna. (Including acute diseases, malignant tumors, high blood pressure, heart disease, allergic dermatitis, pregnancy, etc.)
- This product is not intended for use by person (including children) with reduced physical, sensory or mental capabilities, or lack of adequate experience

## **Function and Application:**

1. Enter Settings to connect APP Bluetooth (SAUAN BT-APP).



- 2. Turn on/ off the control panel.
- 3. Take the sauna working.
- 4. Press color light to activate the chromotherapy light system. After manually switching the all color of the color lamp this system will enter an automatic cyclic mode.
- 5. Turn on/off the reading lamps.
- 6. Turn on/off the outdoor lamps. (This is indoor product so that have no this function)
- 7. Take the FM on, according to the TEMP +/ to search the channel and TIME +/- adjust the volume.
- 8. Connect the Bluetooth audio (SAUNA BT) to play the music. According to the TEMP +/ to change the songs and TIME +/- adjust the volume.
- 9. AUX
- 10. Insert USB to play music. According to the TEMP +/ to change the song and TIME +/- adjust the volume.
- 11. Switch °C&°F.

#### **Step 1: Position the Floor Panel**

Place the floor panel **on a flat surface.** Before assembly, make sure the floor is flat so that you can maintain a comfortable subsequent installation. (image1)



image 1



### **Step 2: Position the Rear Panel**

Lift the Rear panel into position wedging the bottom of the panel into the channel in the floor panel. If your sauna is next to the wall, you can gently rest the rear panel against the wall of your home. (image 2)

image 2

## **Step 3: Position the Side Panels**

There is difference between the left and right side panels. The one with the control panel is the left side panel, another is the right side panel.

Put the side panels into the slot of the floor panel and push it towards the rear panel. At the same time, open the glass door of the side panels. The side panels are little heavy, please pay attention.



image 3

- 6. Press the radio / aux key for a short time to enter the radio mode. Press the temperature plus or minus key to search the channel. After 5 seconds, this opportunity will automatically jump to the physiotherapy mode. Press again to display the radio status, and then press again to turn off the radio function. Press and hold this key for aux mode
- 7. The key to turn on the physiotherapy lamp is  $RGB \to R \to G \to B \to RG \to RB \to GB \to T$  turn off the physiotherapy lamp  $\to$  automatic circulation, a total of nine modes.
- 8. Turn on/off the reading lamps.
- 9. Turn on/off the outdoor lamps. (This is indoor product so that have no this function)
- 10. AUX connection port.
- 11. USB/MP3 connection port.
- If the power button of the controller does not respond, it may be that the controller is under power-on protection. Power off and start up again.

#### **Mobile APP connection:**

Scan the following QR codes to download the different system APP.







Apple APP QR Code

Android APP QR





knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

- To be on the safe side, children should not use the sauna.
- Using a sauna after taking alcohol, drugs, or medication can lead to hyperthermia and increase the risk of death.
- If you are feeling uncomfortable, exit the sauna immediately and consult a doctor.
- Children should be supervised to ensure that they do not play with the appliance.

#### **HYPERTHERMIA**

Prolonged exposure in the sauna may cause hyperthermia. Hyperthermia occurs when body's core temperature rises above 98.6F. Symptoms of hyperthermia include a rise in body temperature, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia may include:

- a) Failure to perceive heat / Unawareness of impending heat
- b) Failure to recognize the need to exit the sauna
- c) Fetal damage in pregnant women
- d) Physical inability to exit the sauna
- e) Unconsciousness

#### **Installation Guide**

Each panel is heavy, especially the top panel. Be careful to avoid injury when installing. This sauna requires at least 2 adults to complete assembly. The panels should be install in the following order:

Floor Panel  $\rightarrow$  Rear Panel  $\rightarrow$  Left Panel  $\rightarrow$  Right Panel  $\rightarrow$  Bench Support Panel  $\rightarrow$  Bench Surface Panel  $\rightarrow$  Open the Glass Door  $\rightarrow$  Ceiling Panel

#### **Step 6: Place the Bench Surface Panel**

Place the bench surface panel (image8), and connect the connecting wire of the light strip on the bench surface panel with the wire behind the bench support panel (image9).



image 8

image 9

### **Step 7: Install Ceiling Panel**

Place the ceiling panel on top of the sauna (image10). Make sure that all panels are in the slots in the ceiling panel. Make sure that all wires on the side panel pass through the holes (image11). Finally, connect all the wires in the ceiling panel.



image 10



image 11

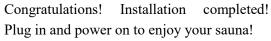
**Step 8: Waterproof strip** 

Install the matching waterproof strip on the glass door, please be sure to install it in place.



**WARNING:** Pay attention to the risk of electric shock. Don't connect the power supply until all wires are properly connected.









# **Other Functions**



Reading lamp



Colour lamp





Bluetooth SAUNA BT

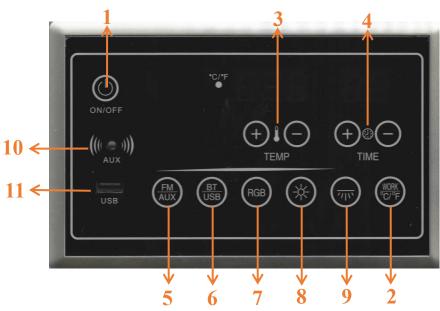
Vent

# **Specification**

Product Name	Far Infrared Sauna
Model	LT-902SH
Dimensions	47.2*38*76 in
Voltage	110-120VAC
Plug Type	15 Amps
Wattage	1820W
Number of Heaters	7 pcs
Raw Material	Hemlock
Location	Indoor



## **Control Panel Instruction**



- 1. Turn on/off the control panel.
- 2. Physiotherapy function on key, click to open physiotherapy function, and then press to close. Long press to convert to Fahrenheit and Celsius.
- 3. When the sauna working, +/- adjust the temp (up to 65°C/149°F). When the FM/AUX on, +/- adjust the channel. When the BT/USB on, +/- change the song.
- 4. When the sauna working, +/- adjust the time (up to 90 mins). When the FM/AUX or BT/USB on, +/- adjust the volume.
- 5. Press the radio / aux key for a short time to enter the radio mode. Press the temperature plus or minus key to search the channel. After 5 seconds, this opportunity will automatically jump to the physiotherapy mode. Press again to display the radio status, and then press again to turn off the radio function. Press and hold this key for aux modeShort press to enter the Bluetooth mode for 5 seconds. Long press to enter the USB mode for 5 seconds.

### **Step 4: Installing Door Handle**

Unscrew the matched door handle, insert the door handle into the hole on the glass door, and finally rotate and tighten it.









## **Step 5: Place the Bench Support Panel and connect wires**

Place the Bench Support panel (image4) and connect the wires behind (image5). Each two wires have corresponding unique interface shape (image6), hear a click to indicate that the connection is completed (image7).



image 4



image 5



image 6



image 7