

# **LT-906MH Infrared Sauna Installation & Owner's Manual**

Please read this entire manual thoroughly before proceeding with the assembly.

**CONCENTRATE ON PROFESSIONAL SAUNA**



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## PRECAUTIONS AND INSTRUCTION

### ATTENTION

Please read all instructions thoroughly before using.

Serious injury may result if ignore the following warning and instruction.

Basic precautions should always be followed when using this electrical equipment.

### DANGER

**To avoid the risk of causing burns, fire, electric shock, or other injuries:**

- Connect the power cord to a properly grounded outlet.
- Using only for its intended use as described in this manual.
- Don't use accessories not recommended by the manufacturer.
- Please disconnect the power after using.
- Please keep the electrical cord away from heated surfaces.
- If the sauna is faulty, the supply cord or plug is damaged, please stop using it immediately.

### WARNINGS

- Don't stay longer than **one hour**.
- Don't put the sauna on a **humid** environment.
- Don't touch the heater directly with hands or body for a long time.
- Don't use any sharp tools on or near the heaters (severe damage may result).
- Placing the sauna on a **flat** surface.
- Unauthorized disassembly of the sauna is **prohibited**.
- People with health problems should consult a physician for prior to using the sauna. (Including acute diseases, malignant tumors, high blood pressure, heart disease, allergic dermatitis, pregnancy, etc.)
- This product is not intended for use by person (including children) with reduced physical, sensory or mental capabilities, or lack of adequate experience

## Step 1: Position the Floor Panel

Place the floor panel on a flat surface. Before assembly, make sure the floor is flat so that you can maintain a comfortable subsequent installation. (image1)



image 1



image 2

## Step 2: Position the Rear Panel

Lift the rear panel into position wedging the bottom of the wall into the channel in the floor panel, you can gently rest the rear panel against the wall of your home. (image 2)

## Step 3: Position the Left Side Panel

Place the left panel into the slot of the floor panel and push it towards the rear panel. Check whether the hooks of the fasteners are up or down, and the fasteners are connected together as shown. (image 3)



## CONTROL PANEL INSTRUCTION

Pre-set Time  
Up to 60Mins

°C/°F switching

Pre-set Temps  
Up to 140°F



Reading Lamps  
On/Off

Power On/Off

Foot Heating Panel  
On/Off

## SPECIFICATIONS

Product Name	Far Infrared Sauna
Model	LT-906MH
Dimensions	32.3*32.3*67 in
Voltage	110-120VAC
Plug Type	15 Amps
Wattage	1350W
Number of Heaters	8 pcs
Raw Material	Hemlock
Location	Indoor

knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

- Using a sauna after taking alcohol, drugs, or medication can **lead to hyperthermia** and increase the risk of death.
- If you are feeling uncomfortable, exit the sauna immediately and consult a doctor.
- Children should be supervised to ensure that they do not play with the appliance.

### HYPERTHERMIA

Prolonged exposure in the sauna may cause hyperthermia. Hyperthermia occurs when body's core temperature rises above 98.6F. Symptoms of hyperthermia include a rise in body temperature, dizziness, lethargy, drowsiness, and fainting.

The effects of hyperthermia may include:

- a) Failure to perceive heat / Unawareness of impending heat
- b) Failure to recognize the need to exit the sauna
- c) Fetal damage in pregnant women
- d) Physical inability to exit the sauna
- e) Unconsciousness

## Installation Guide

Each panel is heavy, especially the top panel. Be careful to avoid injury when installing. This sauna requires at least 2 adults to complete assembly. The panels should be install in the following order:

Floor Panel → Rear Panel → Left Panel → Right Panel → Bench Support Panel → Bench Surface Panel → Front Panel → Ceiling Panel

### Step 6: Place the Bench Surface Panel

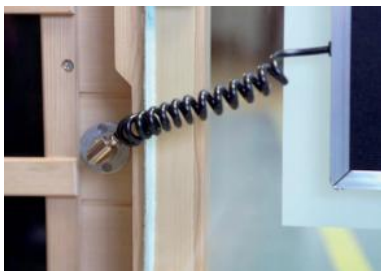
Place the bench surface panel (image9), and please make sure to always install the Bench Surface panel before installing the Front Panel, otherwise it will not fit inside due to space limitations.



image 9

### Step 7: Place the Front Panel

Place the front panel into the slot of the floor panel and push it towards the side panels. Then go inside the sauna and check if the gap is almost invisible. Please connect the connecting line of the heating plate behind the door with the connecting port at the bottom of the right panel.



### Step 8: Install Ceiling Panel and connect the wires



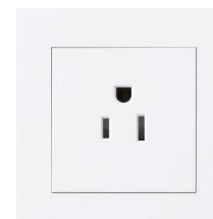
Lay the Ceiling Panel on top of the sauna. Make sure all panels are in the slot of the ceiling panel. Make sure that all wires on the side panel pass through the holes. Finally, connect all the wires in the ceiling panel.

### Step 9: Enjoy your Sauna



Congratulations!

Installation completed! Plug in and power on to enjoy your sauna!

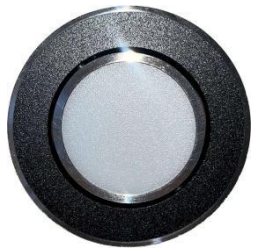




## Other Functions



Retractable hanger



Reading lamp



Bluetooth



Vent



## Step 4: Position the Right Side Panel

Place the right panel into the slot of the floor panel and push it towards the rear panel. Please check if there is almost no visible gap between the outside and the inside of the sauna, then it is already fixed. (image 4)

image 4

## Step 5: Place the Bench Surface Panel

Place the Bench Support panel (image5&6) and connect the wires behind (image7&8). Each two wires have corresponding unique interface shape, hear a click to indicate that the connection is completed.



image 5

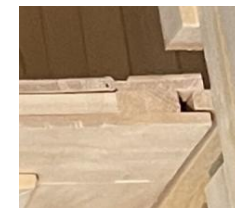


image 6



image 7



image 8