



### SETTING THE TIME

1. Pull the crown out to the 2nd position.
2. Turn the crown to set hour and minute hands.
3. When the crown is pushed back to the normal position, small second hand begins to run.

### SETTING THE DATE

1. Pull the crown out to the 1st position.
  2. Turn the crown counter-clockwise to set the date.
- \*If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change on the following day.
3. After the date has been set, push the crown back to the normal position.

### USING THE CHRONOGRAPH

This chronograph is able to measure and display time in 1/1 second unit up to maximum 59 min 59 sec. The chronograph second hand keeps continuously for 59 min 59 sec after starting.

Measuring time with the chronograph

1. The chronograph can be started and stopped each time button "A" is pressed.
2. Pressing button "B" chronograph and the chronograph-second hand, chronograph minute hand return to zero position



### CHRONOGRAPH RESET (INCL. AFTER REPLACING BATTERY)

This procedure should be performed when the chronograph hand does not return to the zero second position after the chronograph has been reset, and including after the battery has been replaced.

- 1.) Pull the crown out to the 2nd position.
- 2.) Press button "A" to set the chronograph second hand to the zero position. The chronograph hand can be advanced rapidly by continuously pressing button "A".
- 3.) Once the hand have been zeroed, return the crown to its normal position.

\*Do not push crown to the normal position while the chronograph second hand to the zero position. It stop on the way when crown are returned to normal position and its positions is recognized as zero position.

### WATER RESISTANT

Your new watch is a water-resistant watch. Check the marking on the back of the watch, find below the relevant usage recommendation.

#### \*Water Resistant 3ATM or 30M (100 Feet)

Shall withstand splashes of water while washing the hand. But should not be worn while swimming or diving.

#### \*Water Resistant 5ATM or 50m (165 Feet)

Suitable for showering or swimming in shallow water.

#### \*Water Resistant 10ATM or 100M (330 Feet)

Suitable for swimming, snorkeling, but should not be worn while scuba diving.

#### \*Diver's 20ATM or 200M (660 Feet)

Meets the higher requirements of water resistant and suitable for scuba diving.  
We don't recommend swimming or diving with your watch unless it has a screw down crown and is water resistant to at least 10ATM or 100 Meters.

### GENERAL CARE FOR A WATER RESISTANT WATCH

**\*DO NOT OPERATE ANY BUTTONS WHEN THE WATCH IS WET OR IN WATER.**

**\*DO NOT WEAR THE WATCH IN A HOT SHOWER OR SAUNA. EXTREME HEAT CAN DAMAGE THE WATCH.**

**\*AFTER USE IN SALT WATER OR CONTACT WITH SAND OR MUD, RINSE THE WATCH IN A STREAM OF FRESH WATER AND DRY IT WITH SOFT CLOTH.**

**\*LEATHER STRAPS ARE MORE EASILY DAMAGED BY FREQUENT EXPOSURE TO WATER. AFTER EVERY USE IN WATER, WIPE THE STRAP WITH A SOFT CLOTH, TO IMPROVE THE LIFE OF THE STRAP.**

**JS**  
JOSHUA & SONS

### INSTRUCTION MANUAL QUARTZ CHRONOGRAPH MOVEMENT